



MARK YOUR CALENDAR

# Mind Morning: Theme - ADHD

CREATING A **FREE** SPACE FOR ALL **PARENTS/CARERS** TO MEET, MINGLE AND NETWORK WITH OTHERS WHO CAN RELATE, WHILST ENGAGING WITH VARIED TOPICS, TO HELP LEARN NEW WAYS TO SUPPORT AND BETTER UNDERSTAND THEIR CHILDREN.

TO BOOK ON SCAN QR CODE BELOW  
LIMITED SPACES AVAILABLE

SCAN HERE ↙



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